



The nutritional information is based upon an analysis provided by Michelson Laboratories, and information furnished by our suppliers and the United States Department of Agriculture. The information is also based upon standard product formulations and recipes; however, variations can occur due to product assembly at the restaurant level, serving sizes and proportions, the addition or deletion of seasonings or condiments by the customer, seasonal variations in ingredients, and variations occurring in the manufacture of ingredients or as a result of using alternate suppliers. The nutritional information is intended as a guide only, and should not be relied upon to provide actual data for a particular item produced or served to the customer. We do not assume responsibility for a particular sensitivity or allergy to any food provided in our restaurants.

## Main Entrees

	Serving Size in grams	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrate (g)	Protein (g)
Hamburger	254	460	200	22	8	1	990	45	25
1/4 lb Cal Classic Single	339	680	338	38	17	0	1234	49	36
1/4 lb Cal Classic Double	330	756	394	44	19	0	840	41	50
1/4 lb Cal Classic Triple	403	960	520	58	28	1	937	42	68
1/4 lb Cal Classic w/Cheese Single	294	618	322	36	17	0.5	1173	46	28
1/4 lb Cal Classic w/Cheese Double	398	975	525	58	30	0	1540	55	58
1/4 lb Cal Classic w/Cheese Triple	486	1194	689	77	52	0	1720	43	83
1/4 lb Chili Burger Single	301	619	290	32	14	0	1180	51	32
1/4 lb Chili Burger Double	391	933	500	56	27	0	1599	58	50
1/4 lb Chili Burger Triple	485	1144	637	71	36	1.5	1433	57	70
1/4 lb Chili Burger w/Cheese Single	340	675	350	39	21	1.5	1314	50	32
1/4 lb Chili Burger w/Cheese Double	442	999	512	57	30	2	1377	69	53
1/4 lb Chili Burger w/Cheese Triple	524	1334	749	83	43	3	2217	63	83
1/4 lb Caliente Burger Double	487	1143	598	66	37	1.5	2437	80	56
1/4 lb Caliente Burger Triple	620	1324	707	79	43	3	2849	88	66
Cheeseburger	286	530	250	28	11	1	1250	47	29
Caliente Hamburger w/Cheese	392	780	330	36	18	1	1600	78	35
Double Hamburger	333	650	300	34	12	2	1040	46	42
Double Cheeseburger	350	710	350	39	16	2	1300	47	46
Triple Hamburger	398	820	410	45	17	2.5	1090	46	59
Triple Cheeseburger	432	950	500	56	24	2.5	1600	47	66
Chili Hot Dog	289	510	250	27	11	1	1630	54	17
Chili Cheese Dog	306	570	290	33	15	1	1890	54	20
Chili Tamale	286	450	270	30	13	1	1050	31	18
Chili Boat	272	440	310	34	16	1.5	1260	25	12
Cheese Sandwich	130	330	110	12	7	0	1000	6	9
Veggie Sandwich	96	205	10	1.5	0	0	480	5	2
Hamburger w/ Thousand Island	270	480	210	23	8	1	1000	46	25

## Combos

	Serving Size in grams	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrate (g)	Protein (g)
#1 Dbl. Cheeseburger, Fries	602	1390	650	73	22	2	1490	132	54
#2 Cheeseburger, Fries	538	1210	550	61	18	1	1440	132	37
#3 Hamburger, Fries	506	1140	500	56	14	1	1180	130	34
#4 Chili Cheese Dog, Fries	558	1250	590	66	21	1	2080	140	29
Mega Combo	786	1870	980	108	40	3.5	2370	144	82

## Sides

	Serving Size in grams	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrate (g)	Protein (g)
Potato Chips									
Lays Barbeque	42.5	230	130	15	1.5	0	300	23	3
Ruffles	42.5	240	140	16	1.5	0	250	22	3
Dorritos	49.6	250	120	13	2.5	0	310	30	4

## Fries

	Serving Size in grams	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrate (g)	Protein (g)
French Fries	252	680	300	33	6	0	190	86	9
Cheese Fries	286	800	400	44	13	0	700	87	15
Chili Fries	335	860	430	47	12	1	510	96	12
Chili Cheese Fries	354	920	470	53	16	1	770	97	16

## Drinks

	Serving Size in grams	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrate (g)	Protein (g)
Drinks (22oz with 25% ice)									
Pepsi	624	240	0	0	0	0	50	67	0
Diet Pepsi	624	0	0	0	0	0	60	0	0
Pepsi Wild Cherry	624	250	0	0	0	0	50	68	0
Mountain Dew	624	260	0	0	0	0	80	70	0
Mist Twist	624	250	0	0	0	0	55	65	0
Mug Root Beer	624	230	0	0	0	0	70	63	0
Crush Orange Soda	624	260	0	0	0	0	75	70	0
Mtn Dew Kickstart Black Cherry	624	100	0	0	0	0	85	26	0
Tropicana Pink Lemonade	624	250	0	0	0	0	250	64	0
Raspberry Brisk Ice Tea	624	120	0	0	0	0	70	32	0
Lipton Fresh Brewed Iced Tea	624	0	0	0	0	0	190	0	0
Drinks (32oz with 25% ice)									
Pepsi	907	350	0	0	0	0	75	97	0
Diet Pepsi	907	0	0	0	0	0	130	0	0
Pepsi Wild Cherry	907	360	0	0	0	0	75	98	0
Mountain Dew	907	380	0	0	0	0	120	102	0
Mist Twist	907	360	0	0	0	0	75	95	0
Mug Root Beer	907	340	0	0	0	0	105	91	0
Crush Orange Soda	907	380	0	0	0	0	110	103	0
Mtn Dew Kickstart Black Cherry	907	150	0	0	0	0	125	37	0
Tropicana Pink Lemonade	907	360	0	0	0	0	360	94	0
Raspberry Brisk Ice Tea	907	180	0	0	0	0	100	46	0
Lipton Fresh Brewed Iced Tea	907	0	0	0	0	0	275	0	0
Drinks (44oz with 25% ice)									
Pepsi	1247	490	0	0	0	0	105	133	0
Diet Pepsi	1247	0	0	0	0	0	180	1	0
Pepsi Wild Cherry	1247	500	0	0	0	0	100	135	0
Mountain Dew	1247	520	0	0	0	0	165	141	0
Mist Twist	1247	490	0	0	0	0	105	130	0
Mug Root Beer	1247	460	0	0	0	0	140	125	0
Crush Orange Soda	1247	520	0	0	0	0	150	141	0
Mtn Dew Kickstart Black Cherry	1247	200	0	0	0	0	175	51	0
Tropicana Pink Lemonade	1247	500	0	0	0	0	495	129	0
Raspberry Brisk Ice Tea	1247	240	0	0	0	0	140	63	0
Lipton Fresh Brewed Iced Tea	1247	0	0	0	0	0	380	0	0

## Other Drinks

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrate (g)	Protein (g)
Milk	10.67oz	210	100	11	7	0	170	17	11
Orange Juice	10oz	140	0	0	0	0	0	33	2
Coffee Regular	12oz	5	0	0	0	0	3	1	0
Bottled Water	16.9oz	0	0	0	0	0	0	0	0
Milk Shake									
Chocolate Shake	454	680	200	22	15	0	290	106	16
Strawberry Shake	454	680	200	22	15	0	270	110	12
Vanilla Shake	454	640	210	23	15	0	280	98	11

## Breakfast Items

	Serving Size in grams	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrate (g)	Protein (g)
Sausage & Egg Sand. w/ English Muff.	286	570	370	41	13	0	1140	34	20
Sausage & Egg Sand, W/ Cheese w/ English Muff.	303	640	420	46	16	0	1400	35	23
Breakfast Burrito	340	980	600	67	25	3	1490	68	28
Hash Browns	85	70	45	5	2	0	25	15	2
Extra Slice of Cheese	17	60	45	5	3.5	0	260	1	3
Sausage Patty	43	180	160	18	7	0	250	0	6
Chili for Fries	85	180	120	14	6	1	320	10	4
Chili and Cheese for Fries	102	240	170	19	10	1	580	11	7

## Chili-To-Go

	Serving Size in grams	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrate (g)	Protein (g)
Chili to Go: 8oz	227	480	330	37	17	2	860	27	10
Chili to Go: 12oz	340	720	500	55	25	3.5	1290	41	15
Chili to Go: 32oz	907	1920	1330	148	66	9	3440	109	40

Percent Daily Values are based upon a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Sodium	Less Than	2,300mg	2,300mg
Total Carbohydrate		300g	375g